

Mini-oven can do it all

This versatile cooker is ideal for the small kitchen.

A tried and true favourite from Europe has finally made its way to Canada. The Remoska mini-oven has been a household word in the Czech Republic since 1957, and now it's here.

The oven is a compact and portable electric cooker that looks like a cross between a pressure cooker and a frying pan. Its deep Teflon-coated base is available in a 2-litre or 4-litre size; the larger model can cook a small roast or chicken. It's suitable for cooking meat, seafood, pizzas, vegetables, cakes, toasted sandwiches, rice dishes and more.

Interestingly, the heat comes from the top. The stainless steel lid houses a heating element that radiates heat down and around the food. A glass window in the lid allows cooks to see the food inside and to monitor the cooking progress.

The Remoska has only one temperature so the only adjustment that needs to be made is the length of cooking time. You simply place the food in the cooker, cover with the lid, and turn it on. Check the progress of the cooking through the lid and turn off the unit when the food is done.

Because the Remoska is a closed unit



there is no messy countertop cleanup to deal with. After the oven has cooled, just wipe the lid and wash the cooking bowl. The cooker can roast, bake and grill and is efficient for making stews and casseroles. The Teflon coating means that there is no need for added fat.

The larger Remoska uses only 650 watts of power, compared to up to 2,000 watts used by a typical electric frying pan or full-size oven. This makes it a great energy saver. Its compact size makes it ideal for use in small kitchens. It is also great for use in motor homes, boats and campers.

The oven meets CSA and UL safety standards and is available from InterTrade Avenue Inc. in Whitby, Ont., by calling 1-866-850-3462. For more details, visit www.intertradeavenue.ca. 🍀



DID YOU HEAR...?

- James Naismith was a Canadian-born sports educator who originated the game of basketball in Springfield, Mass., in 1891.
- Ontario, British Columbia, Alberta, New Brunswick and Nova Scotia all have legislation mandating the use of bicycle helmets.
- People fear spiders more than they do death.
- Thirty-five per cent of the people who use personal ads for dating are already married.
- Our eyes are always the same size from birth, but our nose and ears never stop growing.